

R.R.P.

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Basic elliptical trainer with monitor and manual resistance. Move it and store it easily at home. The perfect machine for occasional workouts. 8kg inertial flywheel.





Measurements:

Time, Speed, Distance, Calories, HRC

Max. user weight: 95kg Weight: 36Kg

Dimensions: 110cm x 61cm x 144cm



LARGE FOOTRESTS

Extra comfortable footrests



BOTTLE HOLDER

Keep hydrated during your workout



EXTRA LIGHT STRUCTURE

Its light design makes this crosstrainer perfect to store it anywhere.



CONTACT PULSE MEASUREMENT

Pulse reading through contact with fixed focus bars.



Specs	Quick G233N		
Use frequency	Occasional		
Maximum user weight	95kg		
Resistance system	Magnetic		
Stride (length)	36cm		
Distance between pedals (width)	18cm		
Monitor	LCD display		
Steady Watt (SRV)	No		
Contact pulse measurement system	Yes		
Bottle holder	Yes		
Transport wheels	Yes		
Length	110cm		
Width	61cm		
Height	144cm		
Weight	36Kg		
Inertial system	8Kg		
Programs			
Preset programs (Prg)	No		
Intensity levels	8		
Random program (RP)	No		
Customizable profiles (uprg)	No		
Fitness test (FT)	No		
Heart rate control program (HRC)	No		
Recovery Program (RT)	Yes		
Body Fat test (BF)	Yes		
Monitor			
Screen	LCD display		
Monitor with HIIT by BH training scheme	No		
Universal holder for Smartphones and/or tablets	No		
Telemetric heartrate	No		
Bluetooth heartrate	No		
iConcept	No		

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