



EAN: 8431284680541

A simple elliptical trainer for regular use with manual resistance. Its ergonomic design focusing on women enables a natural workout position.





Time, Speed, Distance, Calories, HRC

Max. user weight: 110kg
Weight: 39Kg
Dimensions: 136cm x 59cm x 167cm



CONTACT PULSE MEASUREMENT

Pulse read through contact with focus bars.



MINIMUM DISTANCE BETWEEN PEDALS More natural movement.



LCD MONITOR Measure time, speed/RPC, distance, calories and pulse rate.



HORIZONTAL PEDAL ADJUSTMENT

Adjust the distance between the footrests and the focus bars for a 100% ergonomic workout.

V SELECT YOUR MODEL

SpecsNLS12 G2350Use frequencyRegularMaximum user weight110kgResistance systemMagneticStride (length)30cmDistance between pedals (width)16cmMonitorLCD monitorSteady Watt (SRV)NoContact pulse measurement systemYesBottle holderNoTransport wheelsYesLength135ccmWidth59ccmHeight167cmWeight39KgInertial system10KgProgramsNoIntensity levels8Random program (RP)NoCustomizable profiles (urg)NoFitness tet (FT)NoHeart rate control program (HRC)NoRecovery Program (RT)YesBody A test (BF)NoMonitor with HIIT by BH training schemeNoUniversal holder for Smartphones and/or tabletsNoIntentrateNoStreenLCD displayMonitor with HIIT by BH training schemeNoIntentrateNoStreenNoStreenNoStreent cheartrateNoBluetooth heartrateNoStreent cheartrateNoStreent cheartrateNoStreent cheartrateNoStreent cheartrateNoStreent cheartrateNoStreent cheartrateNoStreent cheartrateNoStreent cheartrateNoStreent cheartrateNo		
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Rotes