

# NLS SERIES

NLS12 DUAL G2351

**BH**

R.R.P.

EAN: 8431284680565

Crosstrainers




Elliptical trainer for fitness beginners in the world of fitness. Adjust the machine to your body for a more suitable position during the workout.



Monitor

### Measurements:

Time, Speed / RPM, Distance, Watts / Calories, HRC

-  Max. user weight: 110kg
-  Weight: 39Kg
-  Dimensions: 136cm x 59cm x 167cm



### MINIMUM DISTANCE BETWEEN PEDALS

More natural movement.



### DUAL

Turn your equipment into an i.Concept by purchasing the Dual Kit BE. Sold separately.



### MONITOR M2

Backlit LCD monitor with 9 predefined profiles and 24 intensity levels.



### HORIZONTAL PEDAL ADJUSTMENT

Adjust the distance between the footrests and the focus bars for a 100% ergonomic workout.



Specs	NLS12 Dual G2351
Use frequency	Regular
Maximum user weight	110kg
Resistance system	Magnetic
Stride (length)	30cm
Distance between pedals (width)	16cm
Monitor	M2 Classic
Steady Watt (SRV)	No
Contact pulse measurement system	Yes
Bottle holder	No
Transport wheels	Yes
Length	136cm
Width	59cm
Height	167cm
Weight	39Kg
Inertial system	10Kg
Programs	
Preset programs (Prg)	9
Intensity levels	24
Random program (RP)	Yes
Customizable profiles (uprg)	4
Fitness test (FT)	No
Heart rate control program (HRC)	4
Recovery Program (RT)	No
Body Fat test (BF)	Yes
Monitor	
Screen	Dual backlit display
Monitor with HIIT by BH training scheme	No
Universal holder for Smartphones and/or tablets	Yes
Telemetric heartrate	No
Bluetooth heartrate	Optional
iConcept	Optional

 Notes