

NLS SERIES

I.NLS20 G2389I

BH

R.R.P.

EAN: 8431284784461

Crosstrainers

Don't let your joints suffer on high-impact sessions and select the NLS20 crosstrainer for your routines. 16 kg inertial system and full connectivity with the iConcept system.



Monitor

Measurements:

Time, Speed / RPM, Distance, Watts / Calories, HRC

- Max. user weight: 115Kg
- Weight: 52Kg
- Dimensions: 160cm x 64cm x 167cm



50 CMS STRIDE

Ideal for tall users who are aiming for a running training.



I.CONCEPT TECHNOLOGY

i.concept machine with Bluetooth 4.0 technology. Get the most out of your favourite Fitness Apps.



TELEMETRIC HEART RATE

Keep track of all your heart rate measurements with the telemetric chest band (included).



INERTIAL SYSTEM: 18 KG

It allows high intensity steps for the most demanding users.



Specs	I.NLS20 G2389I
Use frequency	Regular
Maximum user weight	115Kg
Resistance system	Magnetic
Stride (length)	50cm
Distance between pedals (width)	19cm
Monitor	M10D
Steady Watt (SRV)	No
Contact pulse measurement system	Yes
Bottle holder	Yes
Transport wheels	Yes
Length	160cm
Width	64cm
Height	167cm
Weight	52Kg
Inertial system	18Kg
Programs	
Preset programs (Prg)	12
Intensity levels	24
Random program (RP)	No
Customizable profiles (uprg)	4
Fitness test (FT)	Yes
Heart rate control program (HRC)	4
Recovery Program (RT)	No
Body Fat test (BF)	No
Monitor	
Screen	Blue backlit LCD display
Monitor with HIIT by BH training scheme	No
Universal holder for Smartphones and/or tablets	Yes
Telemetric heartrate	Yes
Bluetooth heartrate	Yes
iConcept	Yes

 Notes