OPTIMA FLEX G325

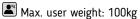


<u>R.R</u>.P.

EAN: 8431284751494

The Optima Flex strength bench is designed to incorporate a variety of exercises into your routine whilst remaining comfortable and practical. It is perfect for both upper and lower body training.





Weight: 29kg

Dimensions: 70cm x 120cm

x 176cm

Max. dynamic tension / load: 50kg



FOLDING

Make the most out and store it easily.



UPHOLSTERED WITH THICK FOAM ROLLER

It provides comfort during exercise



DIFFERENT POSSIBILITIES OF WORKOUT

You can exercise shoulders, biceps, abdominals, quadriceps and femoral