

# OPTIMA SERIES

OPTIMA FLEX G325

**BH**

R.R.P.

EAN: 8431284751494



Strength

The Optima Flex strength bench is designed to incorporate a variety of exercises into your routine whilst remaining comfortable and practical. It is perfect for both upper and lower body training.



- Max. user weight: 100kg
- Weight: 29kg
- Dimensions: 70cm x 120cm x 176cm
- Max. dynamic tension / load: 50kg



## FOLDING

Make the most out and store it easily.



## UPHOLSTERED WITH THICK FOAM ROLLER

It provides comfort during exercise



## DIFFERENT POSSIBILITIES OF WORKOUT

You can exercise shoulders, biceps, abdominals, quadriceps and femoral