

TFR ERGO SERIES

I.TFR ERGO H650I



R.R.P.

EAN: 8431284789503



Exercise bikes

A stationary bike with lumbar rest for a suitable training.



Monitor

Measurements:

Time, Speed / RPM, Distance, Watts / Calories, Pulse

- Max user weight: 130Kg
- Weight: 53Kg
- Dimensions: 167cm x 68cm x 130cm
- Flywheel: 12Kg



OPEN FRAME

It provides easy access to the machine that makes it suitable for rehabilitation purposes.



CONSTANT LUMBAR HOLD

Seat with beathable fabric and lumbar rest for comfort and safety for people with back problems.



I.CONCEPT SYSTEM

i.concept machine with Bluetooth 4.0 technology. Get the most out of your favourite Fitness Apps.



LCU

Semi-professional warranty. Prepared to withstand workouts of more than 20 hours per week.



Specs	I.TFR ERGO H650I
Use frequency	Semi-professional
Maximum user weight	130Kg
Brake system	Magnetic
Flywheel	12Kg
SRV	Yes
Contact heart rate measuring	Yes
Fan	No
Saddle adjustment	Horizontal
Handlebar adjustment	No
Bottle holder	Yes
Transport wheels	Wheels
Length	167cm
Width	68cm
Height	130cm
Weight	53Kg
Open frame / easy access	Yes
Transpirable backseat	No
Backrest	Yes
XXL seat	Yes
Reinforced pedal	No
Multiposition handlebar	No
Autogenerated	No
Monitor	M6
Programs	
Preset programs (Prg)	12
Intensity levels	24
Random program (RP)	Yes
Customizable profiles (uprg)	Yes
Fitness test (FT)	Yes
Heart rate control program (HRC)	4
Recovery Program (RT)	Yes
Body Fat Test (BF)	No
Monitor	
Screen	LCD Display
Monitor with HIIT by BH training scheme	No
Universal holder for Smartphones and/or tablets	Yes
Telemetric heart rate	No
Bluetooth	Yes, optional
iConcept	Yes

 Notes