



## X370 Multicrossover

- Easy access to all elements of control and load selection from the working position of the user.
- Calibrated weights. For guaranteed weight precision.
- **Ground, hard chrome guides and IGUS drylining bushings**. They offer a silent, sliding action and minimum maintenance. The bushings are resistant to friction and to high temperatures
- High resistance 6 mm thick coated steel cable. For a smooth, secure performance.
- Use of "cams" to produce even weight distribution. The cam system used on this model keeps the power arm at a constant setting throughout the whole movement. This biomechanical improvement prevents the overuse of the Golgi tendon organ, which controls muscular tension.
- Resistance adapted to all the strength moments developed throughout the whole movement.
- 360° Free hold. For a more natural exercise, adapted to the anatomical movement of the arms of each particular user, whilst maintaining control. Controlled mobility.
- Included accessories: 2 handgrips, curved triceps bar, straight triceps bar, ankle support

## Worked muscles:











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- Structure, loads and fatigue resistance according to the TÜV standard.
- Reinforced frame, for more security and protection.
- Guarantees free, stable and natural guided movements.
- · Work loads adapted both to beginners and advanced users.
- Independent adjustment of the height of each arm thanks to the 9 positions steel selector..
- 160° INDEPENDENT regulation of arms.
- Possibility of simultaneous work of 2 users.
- Designed for optimum exercise biomechanics. Guarantee smooth, natural movements for full muscle concentration
- 4 mm thick ST-37 / 40 steel frame. High durability.
- Structure raised 50mm above floor level with rubber tipped feet. This provides access for cleaning and vacuuming without scratching the paint.
- Round edges with elliptical section in order to avoid cuts and knocks.
- **High protection polycarbonate fairings**. Provide prevention against accidents. Very easy to clean.
- Information panel showing worked muscle groups and exercise position. This helps the user to identify the machine quickly and use it correctly.
- Three layer coating. Enhanced by an initial anti-corrosion primer, followed by an eposxy powder layer and a lacquer or barnish.
- Use of laser cutting technology. For optimum tube cutting precision.
- **Injected core fireproof seat**. Unlike the classic foam padded particle boards, the injected core offers the advantage of uniformity, anti-distortion and greater anti-bacterial protection.
- Stainless steel components, designed to offer long-lasting durability.
- Magnetic weight plate selector. The magnets ensure that there is no possibility of the selector coming out during training.

